

The 2010 National Lifespan Respite Conference

and the

"13th Annual Respite Awareness Day Conference" *In Maryland*

Hosted by

The Maryland Respite Care Coalition, Inc

In partnership with

**The ARCH National Respite Network and the National
Respite Coalition**

*Sheraton Baltimore City Center Hotel
101 West Fayette Street
Baltimore, Maryland 21201*

Sunday, October 24, 2010

Monday, October 25, 2010

Tuesday, October 26, 2010

Wednesday, October 27, 2010

Call for Conference Presentations

"RESPITE: Create It!"

2010 is a year of celebration and renewal. Come join us to celebrate the First Year of Lifespan Respite Implementation and the 20th Anniversary of ARCH!

Theme: ***RESPITE: Create It!*** is a call for us to come together to showcase the creative ways in which Respite Care is delivered throughout the nation. As a valuable and cost effective tool, Respite has proven to be a source of wellness, a provider of peace of mind, and an opportunity for the caregiver to be rejuvenated and to experience an improved quality of life – even if it is only for a limited time. ***RESPITE: Create It!*** is a reminder that Respite is holistic in nature and, thereby, is an individual need, a family need, and a community need. The community may be a neighborhood, a county, a state, or the country. Respite is an important issue for the caregiver and must be addressed by everyone directly participating in creating innovative initiatives designed to promote satisfactory results. Respite for the caregiver requires advocates, policy makers and all concerned stakeholders to gather around the same table. Considerations must be made for cultural diversity in our population and how it

impacts on caregiving within the parameters of differing traditions. The theme for this conference is an imaginative fountain filled with creative ideas and solutions.

Target Audience: This conference is intended for *everyone* who supports family members and caregivers of individuals across the Lifespan. Everyone who is affected by life altering conditions due to illnesses, (i.e. Alzheimer's disease, mental illness, developmental disabilities, Parkinson's, ALS, autism, HIV, AIDS, multiple sclerosis, etc.), has a stake in this significant issue. Parents, family members, spouses, life partners, older adults, grandparents, guardians, social workers, case managers, program managers, doctors, nurses, advocates, direct support staff, teachers, insurers, policy makers, faith leaders and business and community leaders influence how Respite takes shape.

Topics: We are looking for Presentation Proposals which cross over multiple disciplines, reflecting the wide range of creative ingenuity utilized by family caregivers across the Lifespan. Prior conference evaluations have indicated specific interest in the following areas: respite consortiums that achieve results, developing trusting relationships, sibling issues (possibly presented as a sibling panel), respite for male caregivers, faith based and volunteer respite, kinship respite care, consumer directed respite, employee/employer/work-life issues, compassion fatigue, cultural diversity in respite service delivery, emergency respite including crisis nurseries, grant writing, legislative leadership and advocacy related to improving Respite Care opportunities and funding, and aspects of health and wellness across the lifespan that impact caregivers and the individuals who receive care.

Priority will be given to topics related to ***Lifespan Respite State Implementation*** including the roles of ADRCs and other Lifespan Respite stakeholders, training and recruitment of respite workers and volunteers, building and sustaining state respite coalitions, innovative funding mechanisms, constructing respite registries and data bases and respite research and evaluation.

Presentation Formats: The conference will offer 90-minute time slots for breakout sessions. Presentations that may need additional time will be considered if the material presented indicates an intensive topic area. Note this on the Application Form. They can be offered as a continuation of the Morning Session to be concluded in the Afternoon Session. Handouts are recommended. Presenters are encouraged to incorporate the Conference Theme in the presentation. Please think of creative ways to inform, engage and energize the workshop audience.

In addition to the standard workshop format described above, opportunities for respite coalitions to develop mini forums, roundtable discussions and to network and exchange ideas will be welcomed and encouraged.

Guidelines for Submission: Proposals should be submitted by Monday, April 12, 2010, and must be received no later than 8 PM Eastern Time

TO SUBMIT A PROPOSAL:

Complete the Proposal Application Form, attach the required information and return forms to:

Dorinda A. Adams
Office of Adult Services
Maryland Department of Human Resources
410.767.7323

Email all required information to: dadams@dhr.state.md.us

Complete a separate Application Form for each proposed Presentation Session. Include all requested information. Incomplete applications will not be considered.

A maximum of three presenters may be included for each proposed session.

Proposal for a breakout session should include:

- Title and description of session
- Three learning objectives
- Audio-visual equipment needs and/or other special requests

Proposal Review Process: All complete proposals will be reviewed by the Conference Planning Committee utilizing the following criteria:

- Practical applicability to the conference theme "**RESPIRE: Create It!**"
- Relevance to the interest of conference participants
- Clarity and coherence of the session description and plan
- Usefulness of the information, skills, and/or ideas for the intended audience
- Contributions to new or innovative practices
- Intent to stimulate active engagement of participants
- Presenter's qualifications and experience
- Use of instructional aids
- Relevance to diversity and cultural challenges

We reserve the right to request modifications to a proposal before a final decision is made.

What benefits do YOU gain from presenting at the Conference?

- *You gain visibility and recognition as a national leader*
- *You receive a free conference registration for the day of your presentation, including continental breakfast and lunch*
- *You are provided an opportunity to network with other professionals and/or caregivers across the nation*
- *You will have the satisfaction of participating in a passionate public awareness campaign for Respite Needs of Caregivers*

We will respond to all applications no later than Friday, June 11, 2010.

Proposal Application Form
The 2010 National Lifespan Respite Conference

and

“13th Annual Respite Awareness Day Conference”
In Maryland

“Respite: Create It!”

October 24 – 27, 2010

Sheraton Baltimore City Center Hotel
101 West Fayette Street
Baltimore, Maryland 21201

Please complete all elements of this application. Incomplete applications will not be considered. The information will be used for the conference brochure and program booklet, and to compile continuing education credit applications. **Multiple applications will be accepted by Monday, April 12, 2010, and must be received no later than 8 PM Eastern Time:**

Presentation Title: _____

Time Needed For Presentation: 1.5 Hours _____, 3 Hours _____ (Intensive)

Session Description (50 – 75 words maximum for the program booklet):

Teaching Methods (check all that apply):

- | | |
|---|---|
| <input type="checkbox"/> Lecture | <input type="checkbox"/> Panel |
| <input type="checkbox"/> Small Group | <input type="checkbox"/> Questions and Answers |
| <input type="checkbox"/> Case Studies | <input type="checkbox"/> Audiovisual |
| <input type="checkbox"/> Discussion Group | <input type="checkbox"/> Handouts (recommended) |

List three learning objectives for the session. At the conclusion of the presentation, the attendees will:

1. _____
2. _____
3. _____

AV Needs (check all that apply):

- Flip Chart,
- TV/DVD,
- Computer for Power Point Presentation,
- Projector for Presentation,
- Speakers for Sound,
- Other (*please Specify*) _____

Presenter Biographical Data

Name: _____
Address: _____
City: _____ State: _____ Zip _____ Phone _____
E-Mail Address: _____

Please print your name, title and organization (if applicable) as you would like it to appear in our conference program.

Education (include degrees held): _____

Colleges or Universities attended: _____

Major Area of Study: _____

Describe your professional experience or area (s) of expertise, including relevant continuing education.

All selected conference presenters will have an introduction printed in the Conference Program. Please write a 4 -5 sentence introduction for use in the conference program and for the moderator to introduce you.

Please advise if you have any special mobility needs ____Yes ____No

**Thank you for your submission.
You will be notified of our decision regarding your proposal application by
Friday June 11, 2010**